

Second International Yoga and Radiance Retreat in Greece

Pylos, Greece 2019



Andrea Franz Parks is the director of Toula Yoga Studio. A 500+hr registered yoga teacher with thousands of hours in experience, Andrea enjoys teaching world wide retreats to unique destinations.

Ellen Karaboiti; Huerter is a 200+ hr registered Yoga Alliance Teacher, Relax And Renew Trainer, and International Retreat Leader to her native Greece.



October 5-12, 2019 with

Andrea Franz Parks and Ellen Huerter

YOGA and the Radiant Body

Fly to Athens or Kalamata and take a taxi to our hotel Karalies.

Our days together will begin with a 90 minute yoga practice overlooking the Ionian Sea.

The core of our Yoga practice will Focus on Radiance and Vitality.

The afternoon and evenings we will explore ancient paths.

Visiting the ruins of Ancient Messini, the castles of Methoni and Pylos, we will Indulge in a Greek culinary class and Explore together "Blue Zone Living."

We will find ourselves on this pilgrimage together not to take...

But to receive...*Radiance.*



For information www.toulayoga.com toulayogacr@gmail.com

Send your registration to Toula Yoga

Name _____ BestSuite \$2900Single _____ \$2500 Shared _____

Address _____ Sea Front \$2700 _____ \$2200 Shared _____

Phone _____ Email _____ Castle View \$2200 _____ \$1900 Shared _____

\$700 Non Refundable Deposit Due By April 1 Triple occupancy Sea View \$1900 _____

Included; 90 Min daily Yoga, Entrance and Transportation Fees to Ancient Sites, No View Single \$1700 _____ Shared \$1500 _____

Cooking class, Daily Breakfast, welcome/farewell dinners

No Refunds after July 31 unless you find someone to take your spot.

